

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7AM-8AM	7AM-8AM	7AM-8AM	7AM-8AM	7AM-8AM	9AM-10AM
8AM-11AM: OPEN GYM	8AM-11AM: OPEN GYM	8AM-11AM: OPEN GYM	8AM-10AM: OPEN GYM	8AM-11AM: OPEN GYM	
11AM-12PM	11AM-12PM	11AM-12PM	11AM-12PM	11AM-12PM	
5:00PM-6:00PM	5:00PM-6:00PM	5:00PM-6:00PM	5:00PM-6:00PM	5:00PM-6:00PM	
6:15PM-7:15PM	6:15PM-7:15PM	6:15PM-7:15PM	6:15PM-7:15PM	6:15PM-7:15PM	
7:30PM-8:30PM	7:30PM-8:30PM	7:30PM-8:30PM	7:30PM-8:30PM	7:30PM-8:30PM	