

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7AM-8AM	7AM-8AM	7AM-8AM	7AM-8AM	7AM-8AM	9AM-10AM
8AM-11AM: OPEN GYM	8AM-11AM: OPEN GYM	8AM-11AM: OPEN GYM	8AM-10AM: OPEN GYM	8AM-11AM: OPEN GYM	
11AM-12PM	11AM-12PM	11AM-12PM	-	11AM-12PM	
5PM-6PM	5PM-6PM	5PM-6PM	5PM-6PM	5PM-6PM	
6PM-7PM	6PM-7PM	6PM-7PM	6:30PM-7:30PM	6PM-7PM	
7PM-8PM	7PM-8PM	7PM-8PM		7PM-8PM	
8PM-9PM	8PM-9PM	8PM-9PM	8PM-9PM		